



Club St. Bernard Ski Club

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 Visit our website at: www.clubssaintbernardski.com

May 2009

Club St. Bernard 2009-2010 Ski Season

- Nov. 24—29, 2009
 TSC Fall Round-up / Winter Park, CO
- Jan. 9—16, 2010
 TSC Traditional / Breckenridge, CO
- Jan. 22—30, 2010
 TSC Winter Expedition / Aosta Valley, Italy
- Feb. 6—13, 2010
 TSC Winter Shoot-out / Mt. Bachelor, OR
- Mar. 6—13, 2010
 TSC Final Showdown / Alyeska, AK
- Mar. 13—20, 2010
 CSB Spring Break Trip / TBD
- Sep. 25—Oct. 4, 2010
 TSC Summer Expedition / Egypt and Nile Cruise

PAWPRINTS

Pawprints is sent via email so it is important we have your email address. If your email address changes, please send an update to Membership Director, Starr Shillington, barbarastarr@gmail.com, or Pawprints Editor, Nonna Carlson, nlc5713@hotmail.com. You can always view Pawprints on our website at www.clubssaintbernardski.com.

St. Bernards... Get Ready, Get Set...to... Skiiiiiiii-iii-ii-i ! From The Pres/Top Dog Roni Engelke

Big Dogs, the time is already at paw... you know what I mean! The TSC trips have been selected to some terrific destinations: Fall Roundup – Winter Park, CO. Traditional – Breckenridge, CO. Winter Expedition – Aosta Valley, Italy. Winter Shoot-out – Mt. Bachelor, OR. Final Showdown – Alyeska, AK. Summer Expedition – Egypt and Nile Cruise. And, since the Final Showdown trip does not coincide with the San Antonio area school Spring Breaks, our trusty Travel Director, Melissa Wight, is looking at other areas/dates for a club trip in March. Please sniff out her article for more info.

Our new board is already hard at work. Please give your whole, big-hearted support to Linda McMillion (TSC Rep.), Karen Halloran (Treasurer), Pam Round (Secretary), Melissa Wight (Travel), Sue Logan and Mike Plunkett (Hospitality), Joyce Schones (Programs), Jane Fair (Publicity), Nonna Carlson (Newsletter), and Starr Shillington (Membership), as they work to serve you. We value your input and participation. We have a super pack, and I hope it is a source of pride to all of us that we all work so well together.

Melissa will be looking for some tenacious Big Dogs to lead trips. Please call her if you're interested! Starr will be searching for new members. If you have friends who like to ski (or just like to have fun) please invite them to join us for an activity during the summer... perhaps they'll want to become a part of the pack!

Mike and Sue are already planning some fun summer outings. You'll be getting word of them through Pawprints and the usual, helpful barking-chain postcard.

Although many of us may be tightening our bulging ... no, I meant to say "budgeting" belts, I have it on good authority (thanks to Melissa) that we have been offered some really terr-r-rific travel deals, so our skiing need not suffer this year. My sons also tell me that they've dug up some delicious bargains on ski gear by shopping now, on-line. Sounds like the season is going to be tail-waggingly fine!

So, don't let the summer heat get you down... trot on over to the gym, work those paws, firm those abs, flap those ears, and stay in shape... think of shussing down your favorite slopes in

knee deep powder. Then go home, circle three times, plop down on your favorite pillow and dream of snow!

MEMORIAL DAY May 25, 2009



NEW MEMBERS

Please wag your tails and welcome the following new member to the St Bernard Pack

Lynn Carter

MAY BIRTHDAYS

Please wish the following St. Bernards a Happy Birthday

Bill Owens	6
Mike Plunkett	6
Gordon Blocker	17
Oralia Elizondo	27

Activities Update

By Sue Logan

Please join us at our next Happy Hour/Dine-Out

Date: Thursday, May 14th @ 5:30 P.M.

Location: Aldino's at the Vineyard

Blanco Road and 1604

Weather permitting there will be live music on the patio

For info, call Mike Plunkett (646-6636) or Sue Logan (481-1278)

Membership Update

By Starr Shillington

This is a reminder that memberships expire May 1 each year, so it is now time to renew. You can find a current membership application on our web site, www.clubsaintbernardski.com. Please send your application and dues to Club St. Bernard Ski Club, P.O. Box 6655, San Antonio, TX 78209. As a reminder, if you renew before Oct 1st, you can save \$5.00 on your dues. If you need more information, please contact Membership Director, Starr Shillington, barbarastarr@gmail.com.

NATIONAL SKI CLUB NEWS

The National Ski Club Newsletter is published four times per year and the National Ski Club Newsflash is sent via email once a month. You can view both online at www.nationalskiclubnews.com. The following articles come from the May 5, 2009, Ski Club Newsflash.

HELMET USE CONTINUES TO GROW

Vail Resorts announced that the employees of their five ski resorts must wear helmets while skiing beginning next season. The company also stated that children ages 12 and below would be required to wear helmets while in ski lessons and that helmets would be included in kids' equipment rental packages unless the parent signs a waiver declining helmet use.

Quebec is considering mandatory helmet use following the death of actress Natasha Richardson, and the **Austrian federal government and two of its states – Carinthia and Vorarlberg** (which contains the Arlberg Region) -- are considering helmet laws following several accidents in Austria this season. **New Jersey** considered such a bill in 2001, and **Michigan** did so in 2008, but neither bill passed, and to our knowledge no laws requiring helmets exist in North America or Europe at the present.

We did notice that **more Europeans were wearing helmets** while skiing in Switzerland this past season. A couple of years ago it seemed that if a skier was wearing a helmet on European slopes, they were usually American. No longer. This season, it seemed that ski helmet wearers spoke German, Italian, or French much more often than they spoke English.

In the U.S., NSAA studies show that 43% of skiers and boarders are now wearing helmets, compared with 25% in the 2002-03 season -- with the percentages of kids doing so varying inversely by age, 60% of those 10 to 14 wore helmets, and 70% ages 9 and below wearing them.

DENVER'S SKI TRAIN MOVES TO CANADA

The world-famous ski train service linking Denver to Winter Park for 69 years has been sold to a subsidiary of the Canadian National Railway, which already runs a snow train in Quebec. The ski train service to Winter Park had been losing money for years and its owners said that a big increase in liability insurance premiums, plus the state of the economy, made the service now wholly unviable. There were also "operating issues" with freight trains and Denver's ongoing Union Station redevelopment. The ski train carried up to 750 passengers on the 56-mile trip to Winter Park each weekend from late December to late March, making more than 40 trips each season. The two-hour trip ascended around 9,000 feet and passed through more than 28 tunnels. It will be missed -- with one skier who had been riding the train for more than 30 years commenting at the state's capital building that he felt "like someone has just shot Santa Claus".

TRAVEL MUSINGS

By Melissa Wight

With the temperature continuously climbing and the days getting hotter, maybe the thought of a great, fun, and cool ski trip is just what you need to look forward to right now! Keeping that in mind, we have some really fabulous trips lined up for the 2009 – 2010 ski season and beyond! **What we really need now are trip leaders. Without your help, these trips won't be able to go forward, and now is the best time to choose the trip you want to lead.**

In November, you can start the season by going to Winter Park for the Fall Roundup, Nov. 24 – 29, 2009. This is a great family-oriented trip over Thanksgiving. Unless we have a trip leader, we won't run this trip but will be happy to suggest another TSC club with which you can travel.

January brings two fabulous trips to keep you busy and hone those skills! We will be going to beautiful Breckenridge, Colorado, Jan. 9 – 16, 2010 and Aosta Valley, Italy, Jan. 22 – 30, 2010. If you haven't yet been to Breckenridge, it's a must-ski resort! The ski area is huge and there is a great town with so many things to do. There literally is something for everyone in Breckenridge!

Aosta Valley, Italy sounds like it will be a dream trip. From Aosta, you can ski five world-class ski areas with the same lift pass! Choose from Aosta – Pila, Courmayeur – Mont Blanc, La Thuile, Valtournench – Breuil – Cervinia – Zermatt, or Montrosa which includes Ayas/Gressoney/Alagna. Want to sightsee? From this Roman settlement, visit fortified castles, local museums, the Casino in St. Vincent, or catch the train to other destinations.



Breckenridge, Colorado



Mt. Bachelor, Oregon

Have you ever skied in a volcano? Not around one, but actually IN one? For an exciting adventure during which the skiing is inside a volcano, join us on a trip to Mt. Bachelor, Oregon, Feb. 6 – 13, 2010. They say the skiing here is some of the best around!

In March, TSC has decided to go to Alyeska, Alaska, Mar. 6 – 13, 2010. While it should be a wonderful trip, those dates do not coincide with our spring break here in San Antonio, and we will probably not run it. Instead, we will run a club trip Mar. 13 – 20, 2010 to an as-yet, not-formalized destination. If you'd like to go to Alyeska, you have two choices. Either sign up right away to lead the Alyeska trip for Club St. Bernard, or we will suggest another club with which you can travel. I'll

keep you posted as soon as the trip details for the club trip are finalized. As always, it'll be a great place with great people!

If you want to do something next year other than ski, don't miss the Summer Expedition to Egypt and a Nile Cruise. Sounds terrific, right?



So, for this slate of absolutely wonderful trips to materialize, we need you to come forward to lead the trip of your choice. Which one would you most like to go on? That's the one that you will want to lead! Should you be worried about not being able to do it, don't worry. I'll walk you through the process and be there with you along the way. All you have to do now is either email Melissa Wight at mwight62@gvtc.com or call me at 210-381-5139. I look forward to hearing from you today!

Club St. Bernard Ski Club

Officers 2009-2010
President: Roni Engelke
Vice-Pres/TSC Delegate: Linda McMillion
Secretary: Pam Round
Treasurer: Karen Halloran
Membership: Starr Shillington
Travel Director: Melissa Wight
Program Director: Joyce Schones
Hospitality Directors: Sue Logan
Mike Plunkett
Publicity Director: Jane Fair
Newsletter Editor: Nonna Carlson

Remember...Skiing is a dance...
And the mountain always leads!
To...
Winter Park
Breckenridge
Aosta Valley, Italy
Mt. Bachelor
Alyeska

We're on the WEB!
www.clubssaintbernardski.com

Texas Ski Council Proudly Announces:
The TSC Youth Foundation was granted 501©(3) status by the IRS, which means tax deductible gifts can be made to and accepted by the Foundation. This means that funds should continue to be available to help young people learn and improve ski skills at very little expense. This is a significant achievement and a big step toward maintaining interest and membership in ski clubs and in the sport we

Texas Ski Council: Visit the website
<http://www.texas-ski.org>
Support the TSC sponsors



Pawprints Newsletter

Club St. Bernard Ski Club
P.O. Box 6655
San Antonio, TX 78209